# **HUR Cardio Line**





# New!

## **HUR Cardio Line - A perfect solution!**

Give your customers the best quality of training. Together with Emotion Fitness HUR created a cardioline equipped with high class technology SmartCard.

# SmartCard - It could not be easier!

SmartCard automates the entire workout - just insert the card and start exercising!

## Ideal for your customers!

While the SmartCard makes training very easy for the customers, it also gives versatile progress report and feedback on, for example, the effectiveness of the exercise programmes

## Ideal for you!

HUR Cardio Line is compatible with other SmartCard machines, so instructors can very easily manage data from cardio line on their customers with the complete SmartCard gym!

### Multiple benefits!

Entire workout is automated Automatic training follow-up \*Heartrate, Calories, Distance, Load SmartCard Software stores all the exercise data giving detailed reports of customers development.

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#### HUR Sprint 500 med



The HUR sprint 500 SL/SE med combines proven quality and the highest comfort in the field of modern treadmill technology.

The slat belt and side bearing system plays a major role in that technology. The technical advantages of this system are improved cushioning, a good synchronised operation, minimum maintenance, extremely low power requirement and low noise.

The integration of the drive system inside the belt area also reduces the overall length of the treadmill. Positive as well as negative gradients are available on the HUR sprint 500 SL med as well as speed and slope driven target pulse programs. For the needs of different medical applications, several options such as safety belts, inverse driving direction are available.

#### HUR Relax 500 med



This recumbent ergometer enables a workout in an alternative comfortable position that is

tive comfortable position that is especially suited for long workouts.

The free step through is an extraordinary good feature and the integral foam upholstered seat back is also fully adjustable. The lumbar pad supports the lower back and enables a well supported and strong workout position. An optional head rest can be ordered if needed.

The frame construction enables a wide possibility of seat adjustments and makes the motion relax a comfortable ergometer for people of all sizes.

#### HUR Body 500 med



The upper body ergometer has its high significance in the therapy, because it can be used in various ways.

When upper extremities or parts of the upper body have been injured the HUR body 500 med is the first choice to reestablish the mobility. When used as a cardiovascular training ergometer, it is being used when permanent limitations of the lower extremities exist. This is especially important forpersons in wheelchairs.

The seat unit can be removed completely, the height adjustment is supported by an hydraulic spring. Also the machine can be used for a forward as well as a backward movement. The optional length adjustable crank arms can also be put in a synchronic position to simulate the hand bike use.

#### HUR Cross 500 med



The HUR cross 500 med is a very popular ergometer for the preventive use as well as for the use when you have to bring someone back to activities of daily life.

The upright training position is the first advantage for people that have an office job, where they are sitting most of the day. The movement activates a high number of muscles but is not stressful on the joints.

The elliptical pedal curve creates a soft movement and has been designed to match the arm work, in order to create coordinative effects as well. Large rubber steps aim at a good and secure training position.

#### HUR Cycle 500 med



The original ergometer is the cycle. Frame of the HUR cycle 500 med has been designed to match ergonomic requirements for an optimal seat positioning and a low step through.

The brake system is independent from an external power supply and can be calibrated. It is quiet and powerful. Especially the cycle is of major interest in medical applications, because it can be integrated into several other medical systems.

The optional length adjustable crank arm is important for the use in orthopaedic institutes.

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# General information about the HUR line 500 med:

Optional hand pulse system (except for the HUR body 500 med)

Length-adjustable crank arm available

Power independent, 25-500 watts in rpm independent mode, 25-1000 watts in rpm dependent mode (except for HUR sprint 500 SE/SL med)

Medically approved by the CE-Label for medical products EN 93/42 EWG

Compatible with HUR SmartCard system

For more information, please contact us at www.hur.fi



#### HUR cycle 500 med

- \* Easy step through
- \* To be integrated into various systems
- \* Can be used as an ergometer for testing
- \* Size (LxWxH): 120x60x145 cm
- \* Weight: 46 kg



#### HUR relax 500 med

- \* Easy step through
- \* Continuously variable increments of the back rest
- \* Size (LxWxH): 155x62x128 cm
- \* Weight: 60 kg



#### HUR sprint 500 SL/SE med

- \* 0-17 km/h in 0,1 km/h steps, 0 to 15% incline (HUR sprint 500 SE med without incline)
- \* energy saving DC 1100 Watt highper formance motor, toothed drive belt for the lamella system
- \* various accessories possible
- \* Size (LxWxH): 190x79x160 cm
- \* Weight: 190 kg



#### HUR body 500 med

- \* Forward and reverse motion possible
- \* Gas pressure supported height adjustment of the drive unit for workouts while seated or standing
- \* Easy to remove seat for wheel chairs
- \* Size (LxWxH): 142x80x160 cm
- \* Weight: 105 kg



#### HUR cross 500 med

- \* Forward and reverse motion possible, optimised movement for whole body workouts
- \* Joint-friendly alternative to treadmills
- \* Compensation to the mainly seated work of many trainees
- \* Size (LxWxH): 195x60x155 cm
- \* Weight: 75 kg

